



Recipes for Success



Healthy Christmas Elves

These elves are definitely going to provide good nourishment to all children this Holiday Season!

Ingredients:

Bananas
Strawberries
Green Grapes
Cream cheese
Toothpicks

Directions:

1. Slice stem off of strawberries
2. Cut banana in slices
3. Poke toothpick through strawberry, with point of strawberry at top. Add banana and then grape.
4. Add a dab of cream cheese to the top of strawberry.
5. Continue with remaining fruits.



Suggested Tasks for Children:

- Put slices of fruit on each toothpick
- Help clean up

